



# View & Do



## Accommodating Differences

(Episode 220)

December 2008

Give Zak a Hand

Dragon Tune: The Ord Shuffle

Max and Emmy arrive in Dragon Land to find their friends surrounded by flowers! Ord explains that they are gathering them for Spike's fiesta, where there will be plenty of games to play, songs to sing and food to eat. Zak and Wheezie arrive on the scene, and Zak is not happy. It seems that Wheezie left her skate in the middle of the floor, where he slipped on it and got a boo-boo on his wrist. Zak is ready to head home, declaring that he can't participate in any games due to his injury. Not true! With a little encouragement and creative thinking on the part of his friends, Zak learns a whole new way of playing "Head, Shoulders, Knees and Toes" moving his head, shaking his knee, wiggling his toes. Everyone goes off happily to the fiesta, where they have a fantastic time playing the game in their own special ways.

### Really Responsible

**Foster** your child's sense of **responsibility** by discussing the consequences of not cleaning up after yourself. Talk about how Zak got hurt. Ask, "What do you think about Wheezie leaving her toys out? Has something like this ever happened to you? Was your experience more like Zak's or Wheezie's? How do you think they each felt?" Talk about the importance of being responsible and safe.

### Games Galore!

Play some of your child's favorite physical games to strengthen his **large motor skills and coordination**. While you're playing, encourage him to keep trying when he's learning something new. After he's mastered a game, mix things up: Try playing tag with your elbow and catching a ball with one hand behind your back.

### Body Buddy

Making body tracings is a great way to help your child **learn about her body**. Have her lie down on a large piece of butcher paper while you trace around her. Ask, "Can you tell what part I'm tracing?" Encourage her to decorate her tracing with crayons, markers or paint and help her name the different body parts while she does.

### Fiesta Fun!

Plan a fiesta for your family and enhance your child's **thinking skills** in the process. Together, decide what games to play, songs to sing and healthy food to eat. Help him write down a list of things you'll need to gather and do in preparation. Let him make the invitations and draw or paint pictures of flowers for colorful decorations. Then enjoy your family fiesta!

### Dragon Tunes: The Ord Shuffle

Experiment with different dance moves and develop your child's **physical skills**. Explain that the Dragon Tune celebrates Ord with a shuffle dance move where you move across the floor without lifting your feet. Play some music and shuffle to the beat. Make up some of your own special dance moves, such as a hop, skip, *and* a shuffle.

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