

VERMONT PBS PLUS SCHEDULE OVERVIEW

(check daily schedules at vermontpbs.org/schedule)

MONDAY - FRIDAY	
6:30 AM	PRISCILLA'S YOGA STRETCHES
6:45 AM	PRISCILLA'S YOGA STRETCHES
7:00 AM	WAI LANA YOGA
7:30 AM	POWER YOGA: MIND AND BODY
8:00 AM	CLASSICAL STRETCH
8:30 AM - 5:00 PM	WORLD CHANNEL PROGRAMMING
12:00 PM	TAVIS SMILEY
12:30 PM	TAVIS SMILEY
1:00 PM	WORLD CHANNEL PROGRAMMING
5:00 PM	CHARLIE ROSE
6:00 PM	NHK Newsline (Japan)
6:30 PM	DW News (Germany)
7:00 PM	DEMOCRACY NOW
8:00 PM - 10:00 PM	LOCAL PROGRAMMING
10:00 PM	VARIED PROGRAMMING
11:00 PM	PBS NEWSHOUR
12:00 - 6:30 AM	WORLD CHANNEL PROGRAMMING

SATURDAY	
6:00 AM	CLASSICAL STRETCH
6:30 AM	HAPPY YOGA WITH SARAH STARR
7:00 AM	WAI LANA YOGA
7:30 AM	CLASSICAL STRETCH
8:00 AM - 2:00 PM	WORLD CHANNEL PROGRAMMING
2:00 PM - 4:00 PM	LOCAL PROGRAMMING
4:00 PM - 6:00 AM (Following day)	WORLD CHANNEL PROGRAMMING

SUNDAY	
6:00 AM	HAPPY YOGA WITH SARAH STARR
6:30 AM	BODY ELECTRIC
7:00 AM	BODY ELECTRIC
7:30 AM	WAI LANA YOGA
8:00 AM - 6:30 AM (Following day)	WORLD CHANNEL PROGRAMMING